Europeans and Americans eat at different times of the day, have different dietary preferences, and may have different levels of income. This is why it is necessary to develop a food system that is flexible enough to accommodate these differences. In this way, we can ensure that everyone has access to healthy and affordable food, regardless of where they live. By investing in our food system, we can create a healthier and more sustainable future for all. Good food purchasing policies can help us achieve this goal by prioritizing the procurement of local, sustainable, and equitable food products. These policies can also promote the development of small-scale food producers, thereby reducing the need for large, monoculture farms. In turn, this will help to support local economies and create jobs. As we work to improve our food system, we must also consider the impact of our actions on the environment. By promoting sustainable practices and reducing waste, we can help to protect our planet for future generations. In conclusion, good food purchasing policies are essential for creating a healthy and sustainable future. By investing in our food system, we can ensure that everyone has access to healthy and affordable food, and we can help to protect the environment for future generations.